



Career Pivot Starter Kit for Physicians

Introduction

Considering a career pivot does not mean failure.

Physicians evolve, systems change, and priorities shift.

Is a Pivot Right Now?

What feels unsustainable in your current role?

What do you want more of in your work or life?

What risks feel manageable right now?

Common Myths

You will not be starting over.

Your medical training is transferable.

Strategic pivots can preserve or improve income.

Transferable Skills

Leadership and decision-making.

Communication and education.

Systems thinking and problem-solving.

Low-Risk Exploration

Shadowing and informational interviews.

Consulting, teaching, writing, or portfolio careers.

Support

Career pivots are easier with structure, perspective, and accountability.

Next Step

Book a Career Clarity Call to explore your next chapter intentionally.